

# CONNECTING *with nature*



In a generation where everyone is so disconnected from nature, it's time to rekindle their love for it. What better way than by taking school-going students into their backyard and encouraging them to observe the fine details we often overlook? Hence, I conducted two 'Nature Journaling Workshops'.

The first program took place at a Montessori school with 10 students, and the second at Uttandi with 20 students. The nature journaling workshop aimed to encourage children to observe their surroundings and depict their observations through drawings.

One doesn't have to be great at drawing for this; those who struggled with drawing were encouraged to write down the shapes, patterns, and colors they observed. Few tried drawing the leaves, flowers, exoskeleton of snail shells, and lifeless butterfly wings. While a few initially complained about mosquitoes, they soon forgot their discomfort as they began to enjoy their time in nature with friends, filled with laughter and learning.

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